



ProActive Martial Arts timetable

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
-	-	-	-	-	9:00am-9:30am 3 - 4 year-olds
4:15pm-4:45pm 5 - 6 year-olds	4:15pm-4:45pm 3 - 4 year-olds	4:15pm-4:45pm 5 - 6 year-olds	-	-	9:30am-10:00am 5 - 6 year-olds
4:45pm-5:30pm Intermediate & advanced kids	4:45pm-5:30pm 7+ Beginner kids	4:45pm-5:30pm 7+ Beginner kids	4:45pm-5:30pm Intermediate & advanced kids	-	10:00am-10:30am 3 - 4 year-olds
5:30pm-6:15pm 7+ Beginner kids	5:30pm-6:15pm Intermediate & advanced kids	5:30pm-6:15pm Intermediate & advanced kids	5:30pm-6:15pm 7+ Beginner kids	5:30pm-6:15pm 7+ Beginner kids	10:30am-11:00am 5 - 6 year-olds
6:30pm-7:15pm Teens	6:30pm-7:15pm Teens	6:30pm-7:15pm Teens	6:30pm-7:15pm Teens	-	11:15am-12:00pm 7+ Beginner kids
7:30pm-8:30pm Adults	7:30pm-8:30pm Adults	7:30pm-8:30pm Adults	7:30pm-8:30pm Adults	-	12:00pm-12:45pm 7+ Beginner kids
		-			12:45pm-1:30pm Intermediates & advanced/teens/adults